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All-Sports Competition..... 2

Boys Baseball 3

Boys Basketball 4

Boys Cross Country 5

Boys Football 6

Boys Golf 8

Boys Hockey 9

Boys Soccer 10

Boys Tennis 11

Boys Track and Field 12

Boys Wrestling 13

Girls Basketball 14

Girls Cross Country 15

Girls Golf 16

Girls Gymnastics 17

Girls Soccer 18

Girls Softball 19

Girls Tennis 20

Girls Track and Field 21

Girls Volleyball 22

2000
2001
1
6661



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1999 - 00 --- Rank

First=6, Second=5, Third=4, Fourth=3, Fifth=2, Sixth=1 (Points adjusted based on number of schools participating)

<u>Schools</u>	<u>Holmen</u>	<u>Central</u>	<u>Logan</u>	<u>Onalaska</u>	<u>Sparta</u>	<u>Tomah</u>	<u>Aquinas</u>
B Cross Country	4	7	6	5	3	1	2
G Cross Country	4	7	1.5	5	3	1.5	6
G Tennis	4	3	5	6	2	1	7
G Golf	4	5	3	2	6	1	---
B Football	2.5	2.5	5.5	4	1	7	5.5
G Volleyball	1.5	5	5.5	4	6.5	6.5	3
B Soccer	---	5.5	2	5.5	1	4	3
Hockey	---	1.25	1.25	2.5	.5	4	---
B Basketball	5.5	1.5	7	5.5	1.5	3.5	3.5
G Basketball	3	1	7	5	4	2	6
G Gymnastics	3.5	2	1	3.5	---	---	---
B Wrestling	6.5	4	1.5	1.5	5	6.5	3
B Baseball	1	3.5	5.5	3.5	7	5.5	2
G Softball	6	7	5	3	1	2	4
B Track	5	4	7	6	1	3	2
G Track	6	7	5	5	1	2	3
B Golf	1	7	3	6	5	4	2
B Tennis	4	5	6	7	1	3	4
G Soccer	---	3	1	5	---	2	4
<u>Overall Points</u>	<u>59.5</u>	<u>81.25</u>	<u>73.75</u>	<u>85.0</u>	<u>49.5</u>	<u>59.5</u>	<u>60.0</u>
<u>Schools</u>	<u>Holmen</u>	<u>Central</u>	<u>Logan</u>	<u>Onalaska</u>	<u>Sparta</u>	<u>Tomah</u>	<u>Aquinas</u>
<u>Overall Rank</u>	<u>5</u>	<u>2</u>	<u>3</u>	<u>1</u>	<u>7</u>	<u>5</u>	<u>4</u>



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MVC Standings

School	Wins	Losses
Logan	7	5

Individual Statistics--Batting

(Minimum 20 AB)

NAME	SCHOOL	AB	1st	2nd	3rd	HR	Walk	Run	Avg
Joe Korneta	Logan	35	9	2	1	3	3	10	.429
Dale Mueller	Logan	51	10	4	5	2	0	17	.412
B Amann	Logan	38	8	3	0	1	3	10	.316

All-Conference

First Team All-Conference

- Dale Mueller Logan
- Jay Molstad Logan
- Curt Hansen Sparta
- Josh Hann Sparta
- Aaron Larsen Tomah
- Joel Brieske Tomah
- Dustin Hundt Central
- Greg Meinertz Central
- Ben LaFleur Onalaska
- Tim Reichgelt Aquinas

Second Team All-Conference

- Joe Korneta Logan
- Luke Armstrong Sparta
- Jason Seitz Sparta
- Mike Hass Sparta
- Greg Egan Central
- Tom Carmona Central
- Lewis Parrish Onalaska
- Nick Weber Onalaska
- james Sailing Aquinas
- Brandon McHugh Holmen

Honorable Mention

- Brandon Amann Logan
- Kevin Schultz Logan
- Dustin Warner Sparta
- Brian Preston Sparta
- Aaron Steffel Tomah
- Nate Boehn Tomah
- Steve Stowers Central
- Dan Dillenback Central
- Todd Benz Onalaska
- Justin Stewart Onalaska
- Justin Schmidt Aquinas
- Wade Hanson Aquinas
- Roman Wells Holmen
- Leif Anderson Holmen

Individual Statistics--Pitching

(Minimum 30 innings pitched)

NAME	SCHOOL	W	L	IP	ERA
Jay Molstad	Logan	6	1	34	2.24
Chris Corbett	Logan	1	3	29	4.77

Team Statistics

SCHOOL	AB	1st	2nd	3rd	HR	Walk	Run	Avg
Central	440	180	30	10	4	80	180	.529
Logan								
Holmen								
Onalaska								
Sparta								
Tomah								



1999-00--BOYS BASKETBALL

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MVC Standings

School	Wins	Losses
Logan	10	2
Holmen	8	4
Onalaska	8	4
Tomah	7	5
Aquinas	7	5
Central	1	11
Sparta	1	11

Individual Statistics

NAME	SCHOOL	3 pt		2 pt		1 pt		TOT.	TOT.
		FGM	FGA	FGM	FGA	FTM	FTA	REBND	PTS
Jo									

All-Conference

First Team All-Conference

- Zach Malvik Holmen
- Lester Simpson Central
- Jon Vollmer Logan
- Joe Korneta Logan
- Jason Kelbel Onalaska

Second Team All-Conference

- Ben Otto Onalaska
- Brad Robinson Logan
- Andy Fernholz Aquinas
- Keith Giroux Tomah
- Joe Felt Aquinas

Honorable Mention

- Buck Preston Sparta
- Dustin Hundt Central
- Tony Felt Aquinas
- Tom Steingraeber Aquinas
- Dylan Stevenson Logan
- Dale Mueller Logan
- Andrew Lehman Onalaska
- Chad Lindberg Holmen
- Rob Sebion Holmen
- Adam Kindschy Holmen
- Andy Barth Tomah
- Clint Christy Tomah
- Erick Zupancich Tomah
- Joel Brieske Tomah

Player of the Year

- Zach Malvik Holmen
- Lester Simpson Central

Team Statistics

TEAM	3 pt		2 pt		1 pt		FOULS	TOT. RBND	POINTS FOR	POINTS AGAINST	AVG PTS FOR	AVG PTS AGST
	FGM	FGA	FGM	FGA	FTM	FTA						
Logan	45	103	269	461	149	227	161	308	822		82.2	



1999-00 Boy's Cross Country

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MVC Standings

1999:Tomah Host @Tomah Elementary

Central	35
Logan	53
Onalaska	76
Holmen	86
Sparta	135
Aquinas	149
Tomah	181

Individual Champion .. 5000 Meters
 Jon Jenkerson, Logan 17:11

All-Conference

First Team All-Conference

Jon Jenkerson	17:11	Logan
Jake Hastad	17:23	..	Central
Tristan Coughlin	17:31	Logan
Matt Leathen	17:32		Onalaska
Tim Sullivan	17:32	..	Central
Nate Jenks	17:33	.	Holmen
Jason Stingl	17:41	.	Holmen

Second Team All-Conference

Alex Kraemer	17:44	..	Central
Jonah Paul	17:53	..	Central
Chad Powell	18:04	Logan
Adam Condit	18:10	..	Central
John Wilhelmy	18:13	.	Aquinas
Josh Powell	18:22	Logan
Paul Medinger	18:27	.	Holmen

Honorable Mention

Andy Schmitdt	Aquinas
Kyle Abbernathy	Central
Mark Nicklaus	Holmen
Tim Tulare	Logan
Tyler Ostrem	Onalaska
Derek Montgomery	Sparta
Eric Stigen	Tomah

Runner of the Year

Jon Jenkerson	Logan
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MVC Standings

School	Wins	Losses
Tomah	6	0
Logan	4	2
Aquinas	4	2
Onalaska	3	3
Holmen	2	4
Central	2	5
Sparta	0	6

All-Conference

Offense All-Conference

Ends

Dale Mueller Logan
 Andrew Lehman Onalaska

Tackles

Scott Whitsett Tomah
 Craig Hendrick Logan

Guards

Dave Helming Tomah
 Jon Wegenke Onalaska

Center

Josh Kiesling Logan

Quarterback

Zach Myhra Logan

Running Backs

David Murray Aquinas
 Lester Simpson Central
 Tyler Lauden Tomah

All-Conference

Offense 2nd Team All-Conference

Ends

Joel Brieske Tomah
 Kevin Teff Aquinas

Tackles

Justin Bilskemper Holmen
 Luke Haun Tomah

Guards

Nate Dahl Holmen
 Brian Erickson Central

Center

Tom Steingraeber Aquinas

Quarterback

Clint Christy Tomah

Running Backs

Stephan Davis Onalaska
 James Saling Aquinas
 Prettic Smith Logan

All-Conference

Defense All-Conference

Ends

Andrew Lehman Onalaska
 Dave Helming Tomah

Tackles

Craig Jones Tomah
 Brian Bartlett Onalaska
 Nate Dahl Holmen

Linebackers

Tyler Laudon Tomah
 Brad Heller Onalaska
 Chris Ammann Holmen

Defensive Backs

Joel Brieske Tomah
 Lewie Parish Onalaska
 Lester Simpaon Central

All-Conference

Defense 2nd Team All-Conference

Ends

Dylan Stevenson Logan
 Mike Binsfeld Aquinas

Tackles

Jeff Gartner Logan
 Brian Erickson Central
 Tony Kirchner Aquinas

Linebackers

Ben Kaiser Logan
 Tom Steingraeber Aquinas
 Dustin Powell Tomah

Defensive Backs

Dale Mueller Logan
 James Saling Aquinas
 Andy Fernholz Aquinas

All Conference

Specialists

Punter and Kicker

Kick and Punt Returner

Lineman of the Year

Scott Whitsett Tomah

Offensive Player of the Year

Zach Myhra Logan

Defensive Player of the Year

Joel Briekse Tomah

All-Conference

Honorable Mention

Jesse Helin Aquinas
 Dan Lively Aquinas
 Dustin Hundt Central
 Dustin Krueger Central
 Brad VanCaster Holmen
 Travis Williams Holmen
 Brad Abicht Logan
 Brad Robinson Logan
 Jason Kelbel Onalaska
 Eric Craig Onalaska
 Matt McDonald Sparta
 Tom Fleming Sparta
 Brian Bradley Tomah
 Mark Zillmer Tomah

Individual Statistics

Kickoff Returns

Name	Sc	No.	Yards	TD's
1 Christopherson A		3	38	0
2				
3				
4				
5				
6				

Punt Returns

Name	Sc	No.	Yards	TD's
1 Christopherson A		3	38	0
2				
3				
4				
5				
6				

Interceptions

Name	Sc	No.	Yards	TD's
1 Christopherson A		3	38	0
2				
3				
4				
5				
6				

Punting

Name	Sc	No.	Yards	TD's
1 Christopherson A		3	38	0
2				
3				
4				
5				
6				



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Individual Statistics--Passing

<u>Name</u>	<u>School</u>	<u>Att</u>	<u>Comp</u>	<u>Yards</u>	<u>Avg.</u>
1 Miller	S	12.37			
2 Pantaleo	O	12.75			
3 Barr	L	12.85			
4 Burr	T	13.67			
5 Guy	H	13.67			
6 Brieske	T	13.67			
7					
8					
9					
10					

Individual Statistics--Rushing

<u>Name</u>	<u>School</u>	<u>Attmp</u>	<u>Yards</u>	<u>Avg.</u>
1 Miller	S	93	545	5.9
2 Pantaleo	O	12.75		
3 Barr	L	12.85		
4 Burr	T	13.67		
5 Guy	H	13.67		
6 Brieske	T	13.67		
7				
8				
9				
10				
11				
12				
13				
14				
15				

Individual Statistics--Receiving

<u>Name</u>	<u>School</u>	<u>Recept</u>	<u>Yards</u>	<u>Avg.</u>
1 Miller	S	13	236	18.2
2 Pantaleo	O	12.75		
3 Barr	L	12.85		
4 Burr	T	13.67		
5 Guy	H	13.67		
6 Brieske	T	13.67		
7				
8				
9				
10				
11				
12				
13				
14				
15				

Individual Statistics--Scoring

<u>Name</u>	<u>School</u>	<u>TD's</u>	<u>FG's</u>	<u>2-PT</u>	<u>1-PT</u>	<u>Total</u>
1 Miller	S	13	0	3	13	97
2 Pantaleo	O	12.75				
3 Barr	L	12.85				
4 Burr	T	13.67				
5 Guy	H	13.67				
6 Brieske	T	13.67				
7						
8						
9						
10						
11						
12						
13						
14						
15						

Team Statistics

<u>SCHOOL</u>	<u>FD</u>	<u>TOT RUSH</u>	<u>YARD AVG</u>	<u>RUSH PASS</u>	<u>YARD AVG</u>	<u>PASS YARDS</u>	<u>TOTAL AVG</u>	<u>GAME TOT</u>	<u>DEFEN AVG</u>	<u>YARD FOR</u>	<u>POINT ALLOW</u>	<u>POINT</u>
Central												
Logan												
Holmen												
Onalaska												
Sparta												
Tomah												
AA												



1999-00 Boy's GOLF

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MVC Standings

1999:

Central	107
Onalaska	76
Sparta	74
Tomah	62
Logan	50
Holmen	40
Aquinas	39

All-Conference

First Team All-Conference

Chris Burmeister	97.00	..	Central
Scott Erickson	62.1	Sparta
Mason Milner	60.00		Onalaska
Landon Brownell	59.80	Sparta
John Mears	56.50	.	Aquinas

Second Team All-Conference

Todd Happel	54.77		Onalaska
Pat Kearns	52.50	.	Aquinas
Eric Ranger	48.10	Logan
Kyle Tymeson	48.10	..	Central
Mark Zillmer	45.80	...	Tomah

Honorable Mention

Travis Keller			Central
Will Noelke			Logan
Gavin Brownell			Sparta
Matt Fasbender			Tomah
Kyle Kleinschmidt			Holmen
Kyle Larson			Onalaska
Mark Branson			Aquinas

Player of the Year

Chris Burmeister			Central
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MVC Standings

Tomah	4-0-2
Onalaska	2-3-1
La Crosse	2-3-1
Sparta/WS	2-4-0

All-Conference

First Team All-Conference

A.J. Degenhardt	F ..	La Crosse
Sam Milner	F ...	Onalaska
Ryan Greeno	F	Tomah
Nate Sorenson	D	Tomah
Ryan Hanson	D	Tomah
Steve Stowers	G .	La Crosse

Second Team All-Conference

Willie Griswold	F .	Sparta/WS
Matt Hoehn	F ...	Onalaska
Josh Haun	F .	Sparta/WS
Ryan Franzini	D ..	Onalaska
David Sewell	D	Tomah
Tyler Moore	G	Tomah

Honorable Mention

Barry Kratche	F	Tomah
Jake Anderson	F	Tomah
Trevor Pearson	G ..	Onalaska
Ryan Bluske	D ..	Onalaska
Brian Mortenson	G	Sparta/WS
Tim Young	G	Sparta/WS
Cody Hanson	F ..	La Crosse

Player of the Year



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MVC Standings

Central	9-1-0
Onalaska	9-1-0
Tomah	4-5-1
Aquinas	2-6-2
Logan	2-7-1
Sparta	2-8-0

All-Conference

First Team All-Conference

Peter Tyser	M	12	Logan
Valentine Thao	F	12	Central
SySou Lee	D	12	Central
Mark Koelker	F	12	Central
Andy Barth	F	12	Tomah
Tim Wildes	M	12	Tomah
Josh Haun	G	11	Sparta
Tim Elgin	M	11	Aquinas
John Alibrandi	F	11	..	Onalaska
Joey Dellenbach ..	M	12	..	Onalaska
Ryan Feidt	F	12	..	Onalaska

Second Team All-Conference

Jeremy Kimple	M	10	Sparta
Bryan Haville	G	11	..	Onalaska
Drew Williams	M	11	..	Onalaska
Kevin Schultz	M	12	Logan
Bob Servais	D	11	Aquinas
Aaron Steele	D	12	Tomah
Brad Habeck	G	11	Tomah
Chris Hood	F	11	Central
Ryan Overhold	D	12	Central
Matt Drago	D	12	Central
Billy Calkins	D	12	..	Onalaska

Honorable Mention

Adam Lawrence ..	D	12	Logan
Chris Wingate	D	10	Logan
Mike Low	M	11	..	Onalaska
Mike Steinfadt	D	10	..	Onalaska
Matt Schuppener ..	M	12	Tomah
Steve Shepard	M	11	Tomah
Adam Remus	F	12	Aquinas
Noah Planavsky ...	M	10	Aquinas
Adam Atkins	F	12	Sparta
Matt Mulvany	M	09	Sparta
Ethan Roberts	G	12	Central
Scott Aspenson	F	12	Central

Player of the Year



1999-00 Boys TENNIS

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MVC Standings

Regular Season Standings
NO TEAM STANDINGS AVAIL-
ABLE

All-Conference

First Team All Conference

Singles

Jason Marsh #1 . Onalaska
 Erik Culver #2 Logan
 David Price #3 .. Onalaska
 Todd Wiersma #4 Logan

Doubles

Bryan Haville #1 .. Onalaska
 Kevin Scarseth #1 .. Onalaska
 Collin Dagnon #2 Central
 Rob Jordan #2 Central
 Justin Brown #3 Central
 Mike Hughs #3 Central

Second Team All Conference

Singles

Peter Tyser #1 Logan
 Matt Hohen #2 .. Onalaska
 Dan Suchy #3 Central
 Mike Soldner #4 Aquinas

Doubles

Peter Norenburg #1 Central
 Ned Bagniewski #1 Central
 Bryan Bartel #2 .. Onalaska
 BJ Bronston #2 .. Onalaska
 Sean Severson #3 Logan
 Luke Makowski #3 Logan

Honorable Mention

William Coclough Aquinas
 Brian Becker Sparta
 Scott Bothum Logan
 Dan Holland Holmen



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MVC Standings

Meet Host: @Central

Logan	178
Onalaska	121 1/2
Holmen	118
Central	101
Tomah	56 1/2
Aquinas	56
Sparta	28

100 Meters

1	Trapnell	Holmen	11.3
2	Ziellner	Central	11.5
3	Craig Hill	Logan	11.5
4	Paul Boisen	Holmen	11.6
5	Fitzpatrick	Aquinas	11.6
6	Heintz	Central	11.6

200 Meters

1	Trapnell	Holmen	22.7
2	Boisen	Holmen	22.9
3	Craig Hill	Logan	23.1
4	Fitzpatrick	Aquinas	23.1
5	Zoellner	Central	23.2
6	Heintz	Central	23.3

400 Meters

1	Paul Boisen	Holmen	51.4
2	Johnson	Onalaska	51.4
3	Feidt	Onalaska	51.4
4	Davis	Onalaska	51.4
5	Buchner	Holmen	51.6
6	Chad Powell	Logan	52.1

800 Meters

1	Chris Erickson	Logan	1:58.8
2	Sullivan	Central	1:59.8
3	Jerod Miller	Logan	2:00.0
4	John Wilhelmy	Aquinas	2:03.3
5	Kruse	Onalaska	2:03.4
6	Vatland	Central	2:05.5

1600 Meters

1	Jake Hastad	Central	4:40.3
2	Sullivan	Central	4:43.9
3	Adam Condit	Central	4:43.9
4	Low	Onalaska	4:47.8
5	Stingl	Holmen	4:49.5
6	Medinger	Holmen	4:52.6

3200 Meters

1	Tristan Coughlin	Logan	9:51.0
2	John Jenkerson	Logan	10:00.0
3	Adam Condit	Central	10:02.5
4	Jake Hastad	Central	10:02.8
5	Leathen	Onalaska	10:10.6
6	Nate Jenks	Holmen	10:29.0

110 High Hurdles

1	Zach Myhra	Logan	15.2
2	Westpfahl	Onalaska	15.6
3	Jeff Kiefer	Logan	16.0
4	Stremcha	Aquinas	16.7
5	Brigson	Onalaska	16.8
6	Kronn	Holmen	16.9

300 Intermediate Hurdles

1	Zach Myhra	Logan	41.0
2	Clint Christy	Tomah	41.9
3	Brigson	Onalaska	42.2
4	Westpfahl	Onalaska	42.5
5	Lively	Aquinas	43.0
6	Jeff Kiefer	Logan	43.0

400 Relay

1	Logan	44.9
2	Aquinas	45.2
3	Onalaska	45.3
4	Central	45.3
5	Holmen	46.3
6	Sparta	46.7

1600 Relay

1	Onalaska	3:27.6
2	Logan	3:28.4
3	Central	3:30.6
4	Holmen	3:35.4
5	Sparta	3:39.7
6	Tomah	3:43.6

3200 Relay

1	Central	8:26.9
2	Holmen	8:30.2
3	Logan	8:33.7
4	Aquinas	8:43.0
5	Sparta	8:44.0
6	Onalaska	8:52.0

Pole Vault

1	Griffin	Onalaska	13'6"
2	Schmidt	Sparta	13'0"
3	Per Lee	Logan	12'6"
4	Tyler Abicht	Logan	12'6"
5	Servais	Aquinas	12'0"
6	Zastoupil	Tomah	12'0"

High Jump

1	Lehman	Onalaska	6'2"
2	Clint Christy	Tomah	6'2"
3	Gulsvig	Onalaska	6'0"
4	Tiedt	Holmen	5'8"
5	Bushmaker	Holmen	5'8"
6	Berndt	Central	5'6"

Long Jump

1	Tiedt	Holmen	21'2 1/4"
2	Clint Christy	Tomah	21'2 1/4"
3	Fitzpatrick	Aquinas	19'10 3/4"
4	Paul Boisen	Holmen	19'10 1/4"
5	West	Onalaska	19'5 3/4"
6	Craig Hill	Logan	19'3 1/2"

Triple Jump

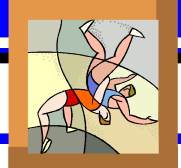
1	Clint Christy	Tomah	42'1 3/4"
2	Lehman	Onalaska	42'0"
3	Dylan Stevenson	Logan	41'7 3/4"
4	Coleman	Logan	41'4 1/2"
5	Kruser	Onalaska	41'1"
6	Tyler Abicht	Logan	39'9 1/4"

Shot Put

1	James Nelson	Logan	63'3"
2	John Crowley	Logan	51'8 1/2"
3	Schwartz	Tomah	48'2 3/4"
4	Brickl	Tomah	47'1"
5	Steingraeber	Aquinas	45'0 1/4"
6	Alitz	Holmen	42'10 3/4"

Discus

1	James Nelson	Logan	158'6"
2	John Crowley	Logan	153'11"
3	Ian Young	Logan	135'3"
4	Jefferson	Sparta	133'7"
5	Flick	Central	124'9"
6	Alitz	Holmen	123'11"



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MVC Standings

Meet Host:

Holmen	5 - 1
Tomah	5 - 1
Sparta	4 - 2
Central	3 - 3
Aquinas	2 - 4
Onalaska	1 - 5
Logan	1 - 5

All-Conference

103 Pounds

1 Noah Planavsky	Aquinas
2 Jim Fowler	Tomah
3 Trent Brooks	Sparta

112 Pounds

1 Lucas Schulz	Logan
2 Jeff Dummer	Holmen

119 Pounds

1 Tim bloom.....	Tomah
2 Jason Severson	Logan
3 Mike Kroner	Aquinas

125 Pounds

1 Shane Trussoni	Aquinas
2 Jared Kast	Sparta

130 Pounds

1 Justin Tybold	Holmen
2 Ryan Harper	Logan
3 Ryan Eddy	Sparta
4 Kyle Duce	Onalaska

135 Pounds

1 Branden Anderson	Holmen
2 Mike Mueller	Central

140 Pounds

1 Tyler Laudon	Tomah
2 Randy Tuquero	Holmen
3 Marty Ostromencki	Onalaska
4 Greg Meinertz	Central

145 Pounds

1 Nick Ammerman	Holmen
2 Luke Knadle	Logan
3 Jeremy Pronschinske	Onalaska
4 Nick Meinertz	Central

152 Pounds

1 Mike Jensen	Tomah
2 John Harter	Holmen
3 Rob Heller	Central

160 Pounds

1 Adam Olson	Holmen
2 Luke Lefever	Aquinas
3 Curt Hanson	Sparta

171 Pounds

1 Neil Spies	Logan
2 Tom Fleming	Sparta
3 Todd Squires	Tomah
4 Dave Murray	Aqinas

189 Pounds

1 Josh Schwartz	Tomah
2 Chris Ammann	Holmen
3	

Heavyweight

1 Brad Heller	Onalaska
2 Adam Miller	Holmen
3 Jesse Helm	Aquinas



1999-00--GIRL'S BASKETBALL

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MVC Standings

School	Wins	Losses
Logan	11	1
Aquinas	10	2
Onalaska	7	5
Sparta	6	6
Holmen	5	7
Tomah	3	9
Central	0	12

Individual Statistics

NAME	SCHOOL	3 pt		2 pt			1 pt			TOT.	TOT.	AVG
		FGM	FGA	FGM	FGA	FTM	FTA	FLS	RBND	PTS		
Gretchen Fritz	Tomah	1	8	78	157	29	52	28	40	188	15.7	
Missy Rice	Tomah	1	2	64	105	15	19	34	68	146	12.2	
Alison Prise	Tomah	4	21	40	92	33	50	27	38	125	10.4	

All-Conference

First Team All-Conference

Hannah Kirking	12	Sparta
Dana Levendoski	12	Logan
Abby Holler	12	Aquinas
Gretchen Fritz	12	Tomah
Ashley Josephson	10	Onalaska

Second Team All-Conference

Dana Wiebel	11	Sparta
Jill Dummer	12	Holmen
Sarah Ogen	12	Logan
Katie Murphy	11	Aquinas
Tera Opperman	10	Onalaska

Honorable Mention

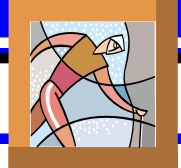
Katie Umberger	12	Aquinas
Amy Pavela	12	Aquinas
Jesse Hansen	11	Central
Natasha Larson	12	Central
Artina Stovey	11	Central
Alison Prise	12	Tomah
Missy Rice	11	Tomah
Amy Stuhr	12	Holmen
Amanda Blank	10	Holmen
Abby Eisenbacher	11	Onalaska
Emily Opperman	12	Onalaska
Katie Rasmussen	11	Sparta
Lindsey Wilder	12	Logan
Krystal Check	11	Logan

Player of the Year

Dana Levendoski	Logan
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Team Statistics

TEAM	3 pt		2 pt		1 pt		FOULS	TOT. RBND	POINTS FOR	POINTS AGAINST	AVG PTS FOR	AVG PTS AGST
	FGM	FGA	FGM	FGA	FTM	FTA						
Logan	45	103	269	461	149	227	161	308	822		82.2	
Holmen	25	78	187	425	143	210	188	239	592		59.2	
Tomah	23	72	194	442	96	156	177	248	555		55.5	
Onalaska	21	62	182	415	127	205	152	271	554		55.4	
Sparta	16	49	185	459	126	211	209	272	540		54.0	
Central	15	66	145	372	123	219	159	261	453		45.3	



1999-00 GIRL'S CROSS COUNTRY

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MVC Standings

1999: Tomah Host @ Tomah Elem

Central	18
Aquinas	79
Onalaska	87
Holmen	118
Sparta	124
Logan	145
Tomah	145

Individual Champion .. 4000 Meters
Megan Hakomaki, Central 16:13

All-Conference

First Team All-Conference

Megan Hakomaki	Central	16:13
Sydney Mikulson	Central	16:22
Beth Medinger	Holmen ...	16:26
Leah Hass	Central	16:30
Jessie Jensen	Central	16:43
Krista Phelps	Central	16:52
Meryl Rice	Sparta	17:05

Second Team All-Conference

Christy Schmidt	Aquinas ...	17:09
Jenny Fass	Aquinas ...	17:09
Sarah Young	Onalaska ..	17:10
Kim Kenworthy	Sparta	17:10
Nicole Stovie	Aquinas ...	17:11
Andrea Carskadon	Central	17:20
Suzy Gustafson	Tomah	17:20

Honorable Mention

Theresa Novotney	Aquinas
Laura Shurtleff	Central
Ali Knutson	Holmen
Evie Langteau	Logan
Chelsie Stelloh	Onalaska
Liz Euler	Sparta
Andrea Kenworthy	Tomah

Player of the Year

Megan Hakomaki



1999-00 GIRL'S GOLF

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MVC Standings

1999:

Sparta	75
Central	73
Holmen	52
Logan	51
Onalaska	29
Tomah	14

All-Conference

First Team All-Conference Points

Amanda Grey	Central	95.00
Laura Adkins	Sparta	90.00
Sarah Loomis	Logan	87.50
Danielle Hoff	Central	79.00
Jessica Rickert	Sparta	78.50

Second Team All-Conference . Points

Erica Thienes	Holmen ...	59.00
Kelly Weber	Logan	58.50
Susan Kartman	Holmen ...	42.00
Kathy Youngblod	Sparta	35.45
Jenna Nichols	Sparta	31.50

Honorable Mention

Kelly Devereaux	Sparta
Amber Hayes	Onalaska
Jenny Williamson	Holmen
Allison Abraham	Logan
Rana Puttkammer	Tomah
Emily Strum	Central

Player of the Year

Amanda Gray	Central
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1999-00 GIRL'S GYMNASTICS

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MVC Standings

1999: Standings

Onalaska	1-1
Holmen	3-0
Central	0-0
Logan	3-2

Points

Onalaska	11
Holmen	10
Central	6
Logan	3

All-Conference

Balance Beam

Heather Weinberger	1st	Holmen
Alana Gordon	2nd ...	Holmen
Rachel Long	HM	Central

Vault

Mandy Erdman	1st	Central
Rachel Long	2nd	Central
Danielle Santori	HM ...	Holmen

Uneven Bars

Mandy Erdman	1st	Central
Heidi Mills	2nd .	Onalaska
Danielle Longway	HM .	Onalaska

Floor Exercise

Heidi Mills	1st ..	Onalaska
Kristen Mick	2nd	Logan
Mandy Erdmann	HM	Central

All-Around

Mandy Erdman	1st	Central
Heidi Mills	2nd .	Onalaska
Rachel Long	HM	Central



1999-00 GIRL'S SOCCER

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MVC Standings

1999

Central	12-0
Holmen	9-3
Logan	7-5
Aquinas	5-7
Onalaska	4-8
Tomah	3-9
Sparta	2-10

All-Conference

First Team All-Conference

Annie Poehlinger	GK	11	Aquinas
Katie Poehlinger	.. D	12	Aquinas
Ashley Gebhart D	11	Central
Julie Miller D	10	..	Onalaska
Meredith Grau M	11	Central
Krissy Spietz M	11	Central
Ashley Josephson	M	10	..	Onalaska
Emily Opperman	. D	12	..	Onalaska
Tina Clark M	11	..	Onalaska
Mary Beth Pavela	F	09	Aquinas
Lindsay Hench M	10	Logan

Second Team All-Conference

Alex Gholson GK	10	Central
Alison Stalsberg	... M	12	Aquinas
Tristen Brose M	09	Aquinas
Tera Opperman D	10	..	Onalaska
Elissa Zurbriggen	D	10	..	Onalaska
Adriane Ford D	12	Central
Erin Tierney D	11	Aquinas
Tanya Harris F	11	..	Onalaska
Kari Greenfield F	12	..	Onalaska
Lauren Knowles	.. F	11	Logan
Kelley Pierce F	11	Tomah

Honorable Mention

Marissa Dickinson	M	11	Central
Katie Janiszewski	F	12	Central
Heather Schaefer	. D	11	Tomah
Katie Chapman F	12	Tomah
Jenny Kochsiek M	11	Logan
Amanda Friell D	11	Logan
Jenna Hanifl GK	10	..	Onalaska
Katie Kubistal F	12	..	Onalaska
Katie Mears D	9	Aquinas
Amy Pavela M	12	Aquinas

Player of the Year



1999-00--GIRL'S SOFTBALL



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MVC Standings

Table with columns: School, Wins, Losses. Rows: Central, Holmen, Logan, Aquinas, Onalaska, Tomah, Sparta.

All-Conference

First Team All-Conference

Table listing players and schools for the First Team All-Conference.

Second Team All-Conference

Table listing players and schools for the Second Team All-Conference.

Honorable Mention

Table listing players and schools for the Honorable Mention.

Player of the Year

?

Individual Statistics--Batting

Table with columns: NAME, SCHOOL, AB, 1st, 2nd, 3rd, HR, Walk, Run, Avg. Row: Karmen Biermeier, Central.

Individual Statistics--Pitching

Table with columns: NAME, SCHOOL, W, L, IP, ERA. Rows: Karmen Biermeier, Lori Thompson.

Team Statistics

Table with columns: SCHOOL, AB, 1st, 2nd, 3rd, HR, Walk, Run, Avg. Rows: Central, Logan, Holmen, Onalaska, Sparta, Tomah.



1999-00 GIRL'S TENNIS

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MVC Standings

Regular Season Conference Position

School	Points
Aquinas	56
Onalaska	53
Logan	50
Holmen	24
Central	20
Sparta	8
Tomah	5

Tournament Conference Position

School	Wins	Losses
C		

Total Points

School	Total Points
C	

All-Conference

First Team All Conference

Singles

Ashley Josephson	Onalaska
Katie Mears	Aquinas
Kayla Weihrouch	Onalaska
Jessica Sherry	Logan

Doubles

Sam Pretasky	Aquinas
Libby George	Aquinas
Jodi Wunsch	Onalaska
Jennifer Wusch	Onalaska
Mary Beth Pavela	Aquinas
Annie Poehling	Aquinas

Second Team All Conference

Singles

Kristen Bothun	Logan
Carla Zeman	Onalaska
Krissy Poehling	Aquinas
Kaia Sunne	Holmen

Doubles

Katharine Brock	Onalaska
Julie Miller	Onalaska
Beth Bateman	Aquinas
Katie Poehling	Aquinas
Liz Rendler	Logan
Liz Retzlaff	Logan

Honorable Mention

Singles

Amy Pavela	Aquinas
Carrie Wiersma	Logan
Heidi Bothun	Logan
Kristin Miller	Aquinas

Doubles

Michelle Wiersma	Logan
Lizzy Johnson	Logan
Amy Werner	Holmen
Julie Hamilton	Holmen
Jackie Cernak	Central
Sarah Kraemer	Central



1999-00 GIRL'S TRACK & FIELD



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MVC Standings

Meet Host: Tomah

Table with 2 columns: Team Name and Points. Rows include Central (162), Holmen (105.5), Onalaska (103), Logan (87.5), Aquinas (73), Sparta (62), and Tomah (61).

100 Meters

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Pantaleo (Onalaska, 12.9), Egloff (Holmen, 13.0), Young (Sparta, 13.0+), Hundt (Logan, 13.1), Colburn (Central, 13.4), and Rendler (Logan, 13.4+).

200 Meters

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Pantaleo (Onalaska, 26.4), Egloff (Holmen, 26.7), Messick (Onalaska, 26.9), Smith (Central, 26.9+), Weibel (Sparta, 27.0), and Hundt (Logan, 27.5).

400 Meters

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Messick (Onalaska, 59.7), Egloff (Holmen, 1:01.1), Weibel (Sparta, 1:01.2), Johnson (Central, 1:03.4), Rice (Sparta, 1:03.9), and Soldner (Aquinas, 1:05.8).

800 Meters

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Hakomaki (Central, 2:24.6), Saunders (Central, 2:25.8), Schmidt (Aquinas, 2:26.5), Shurtleff (Central, 2:28.4), Konop (Aquinas, 2:30.7), and Young (Onalaska, 2:31.3).

Shot Put

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Birner (Tomah, 36-11), Curtis (Central, 35-0.5), Haugen (Logan, 34-1), Teff (Aquinas, 33-2.25), Stuessel (Sparta, 33-0), and Helming (Tomah, 33-0).

1600 Meters

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Shurtleff (Central, 5:18.1), Faas (Aquinas, 5:25.7), A Saunders (Central, 5:29.9), S Saunders (Central, 5:36.5), Langteau (Logan, 5:40.6), and Medinger (Holmen, 5:46.9).

3200 Meters

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Jahimiak (Central, 12:13.4), Medinger (Holmen, 12:21.9), Kenworthy (Sparta, 12:28.1), Phelps (Central, 12:29.7), Novotney (Aquinas, 12:29.9), and Pasell (Onalaska, 12:43.5).

400 Relay

Table with 2 columns: Rank and Team/Time. Rows include Logan (51.6), Central (51.8), Onalaska (52.6), Aquinas (54.1), Holmen (54.3), and Tomah (54.5).

800 Relay

Table with 2 columns: Rank and Team/Time. Rows include Aquinas (1:53.0), Holmen (1:53.9), Onalaska (1:54.1), Tomah (1:56.1), Logan (1:58.1), and Sparta (1:59.1).

1600 Relay

Table with 2 columns: Rank and Team/Time. Rows include Central (4:10.3), Sparta (4:11.0), Holmen (4:19.5), Onalaska (4:22.7), Aquinas (4:25.5), and Logna (4:35.3).

3200 Relay

Table with 2 columns: Rank and Team/Time. Rows include Onalaska (10:12.8), Central (10:25.6), Aquinas (10:29.0), Logan (10:43.4), Sparta (10:44.8), and Tomah (10:59.3).

100 High Hurdles

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Ammerman (Holmen, 16.4), Steers (Onalaska, 16.6), Foegen (Holmen, 16.7), Steffen (Holmen, 16.7+), Erickson (Central, 17.4), and Bucey (Central, 17.8).

300 Low Hurdles

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Steers (Onalaska, 50.5), Dana Levendoski (Logan, 50.8), Ammerman (Holmen, 50.8+), Marson (Onalaska, 52.7), Wachter (Sparta, 53.3), and Korth (Aquinas, 53.5).

High Jump

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Dukatz (Central, 5-4), Muller (Aquinas, 5-2), Simonson (Holmen, 5-0), Gamble (Tomah, 4-10), Novak (Onalaska, 4-10), and Harvey (Onalaska, 4-8).

Long Jump

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Dana Levendoski (Logan, 15-1.75), Rendler (Logan, 14-9.50), Delagrave (Central, 14-6.50), Gamble (Tomah, 14-5.00), Peterson (Tomah, 14-1.50), and Ammerman (Holmen, 14-1.25).

Triple Jump

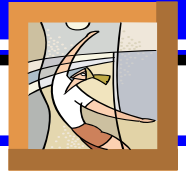
Table with 2 columns: Rank and Athlete/Team/Time. Rows include Dukatz (Central, 32-9), Johnson (Tomah, 32-0.25), Dana Levendoski (Logan, 31-11), Rice (Sparta, 31.2.5), Boylan (Holmen, 30-7.25), and Giertych (Holmen, 30-6).

Discus

Table with 2 columns: Rank and Athlete/Team/Time. Rows include Curtis (Central, 109-8), Birner (Tomah, 100-6), Christopherson (Aquinas, 99-0), Leach (Central, 98-2), Gofus (Logan, 94-1), and Stuessel (Sparta, 93-10).



1999-00--GIRLS VOLLEYBALL



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MVC Standings

School	Wins	Losses
Tomah	11	1
Sparta	11	1
Central	7	5
Onalaska	5	7
Aquinas	4	8
Logan	2	10
Holmen	2	10

All-Conference

First Team All-Conference

Hannah Kirking	Sparta
Jill Dummer	Holmen
Amber Birner	Tomah
Reisha Lenz	Tomah
Abby Holler	Aquinas
Katie Dukatz	Central

Second Team All-Conference

Dana Weibel	Sparta
Dana Levendoski	Logan
Heidi Mills	Onalaska
Katie Murphy	Aquinas
Alison Prise	Tomah
Megan Curtis	Central

Honorable Mention

Katie Rasmussen	Sparta
Jill Giudice	Sparta
Monica Knudtson	Holmen
Ashley Pierce	Holmen
Katie Chapman	Tomah
Stacey Hansen	Tomah
Jenny Rae Pearson	Onalaska
Jessica Dvorak	Onalaska
Jessie Hansen	Central
Maggie Woerpel	Central
Katie Umberger	Aquinas
Beth Konop	Aquinas
Krystal Check	Logan
Sara Ogen	Logan

Player of the Year

Hannah Kirking	Sparta
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Individual Statistics

Serving Percentage

(Minimum 20 Serves)

NAME	SCHOOL	PERCENT
Karmen Biermeier	Central	

Assists

(Minimum 20 Serves)

NAME	SCHOOL	NUMBER
Karmen Biermeier	Central	

Kills/Spikes

(Minimum 20 Serves)

NAME	SCHOOL	POINTS
Karmen Biermeier	Central	

Aces/Kills Total Points

(Minimum 20 Serves)

NAME	SCHOOL	POINTS
Karmen Biermeier	Central	

Team Statistics

SCHOOL	(Min)						
	Hit%	Kills	Assists	Aces	Blks	Digs	Other
Central	92%	180	30	60	41	80	180
Logan							
Holmen							
Onalaska							
Sparta							
Tomah							